

NOVEMBER

TrueGirl

Mom+Daughter Date

True Girl!

Super Girl!

God Power!

SPIRIT POWER



NOVEMBER

# Super Natural

Listen to the November 2024 True Girl MomCast featuring Dannah Gresh, Janet Mylin, and Shani McKenzie.

Then, read through this one sheet.



Every kid hears stories about “superheroes.” Of course, they aren’t real, but everyone knows they always swoop in to save the day. Pretty cool, right?

Does your daughter know she has access to Someone even greater: the Holy Spirit? And He is real. Even so, many Christians do not understand the role of the Holy Spirit in their lives.

Jesus actually said, “It is best for you that I go away, because if I don’t, the Advocate won’t come. If I do go away, then I will send him to you.” (John 16:7) Imagine that! Our Savior actually said it was not only good, but best that He, the Savior of the world, go away. Why? So the Holy Spirit could come. Then, before He ascended into heaven He shared why.

**You will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth.”**

**ACTS 1:8**

The Holy Spirit comes with power to be bold in our work of sharing Christ’s love. And if ever a generation of girls needed courage to stand up for Jesus, it’s now.

If your daughter has accepted Christ as her Savior, the Holy Spirit came to dwell inside of her. (1 Corinthians 12:13; Ephesians 1:13) That means that all of God’s power, strength, comfort, creativity, and help are available to her at all times. He is our real-life superhero.

Our team is hoping and praying that this month’s conversation will help your daughter understand the role of the Holy Spirit in her life. My friend and lead teacher Shani McKenzie puts it this way: “The Holy Spirit is God’s way of putting His SUPER in our NATURAL.” Let’s make sure your daughter understands that!



**In His Great Love,  
Dannah Gresh**



PREPARING FOR YOUR  
NOVEMBER  
MOM+DAUGHTER DATE



**SUBJECT:**  
How the Holy Spirit  
Helps

**SETTING:**

A mom+daughter or family  
game night

**MATERIALS YOU'LL NEED:**

The Superhero of the Bible  
Card Game

Game night snacks

Your Bible

God  
Power!

YOUR REAL SUPERHERO

This month's mom+daughter connection experience is all about understanding the Holy Spirit. But, you may opt to make it an event for the entire family.

In a day and age when our girls feel confused by lies, they need the power of the Spirit to lead them into all Truth (John 16:13). While many people celebrate sin as something good, our girls need the Spirit to convict them of sin (John 16:8). And while anxiety and depression run rampant in tweens, our daughters need the freedom the Spirit brings from anything that holds us in bondage (II Corinthians 3:17). This mom+daughter date will set you up to have a conversation about the Holy Spirit and provides a simple game for her to learn His role in her life.

As always, we've done most of the preparation for you to have a formative connecting conversation with your girl. Here's what you'll do:

- 1 Read the verses below and discuss the question beside each one.** Talk to your daughter about what the Bible teaches about the Holy Spirit.
  - ♥ Read Matthew 28:18-20. Who is the Holy Spirit? [He is one member of the Trinity that is God.]
  - ♥ According to **Acts 1:8**, our key verse this month, what does the Holy Spirit equip us to do? [He gives us special power, primarily to share the good news of Jesus Christ.]
  - ♥ When does the Holy Spirit begin to help someone and how, according to **Ephesians 1:13**? [The Apostle Paul teaches that when you repent of your sin and accept the forgiveness of Jesus, you are immediately filled with God's Spirit.] Discuss any other aspects of the Holy Spirit that are important to you. Try to find Bible verses to discuss them.
  - ♥ Talk about the fact that the Holy Spirit plays many roles in our lives. If there are any you want to discuss specifically, do so. Then, play the Superhero of the Bible Card Game to learn more of them.

As always, use this conversation time to check in on her devos. Help her jump start her time with God if she needs the help.
- 2 Play the Superhero of the Bible Card Game.** This game is a version of Go Fish! If you are a box subscriber, you have the card deck to use. If you are a digital subscriber, print the cards and cut them to play the game. Follow the game with a conversation about what everyone has learned about the different roles of the Holy Spirit.
- 3 Pray, inviting God's Spirit to be at work in your life.**

I can't wait to see photos of your daughter with her card game! Be sure to post them to Instagram or Facebook and tag True Girl or Dannah Gresh.

TrueGirl

# Hey True Girl Mom!

HERE'S HOW TO GET THE MOST OUT OF THIS BOX!

**SPIRIT  
POWER**

**1**

## The Date

Check out the Mom+Daughter Date inside this packet. That will let you know what to do with some of the items in the box and how much time you'll need to set aside to enjoy it together!

**2**

## The Podcast

Listen to the True Girl MomCast episode on talking to your daughter about this month's topic with Dannah Gresh, Shani McKenzie and Janet Mylin.

**3**

## The Connection

Now, do the Mom+Daughter Date! Connecting with each other while you both grow closer to the Lord!

## THE CHRISTMAS COUNTDOWN HAS BEGUN!

Avoid the last minute holiday rush with gifts that will get your daughter excited to dig into God's Word.



start shopping now!



As a thank you for being a subscriber, enjoy 20% OFF our online store through the end of November!

**CHRISTMASCOUNTDOWN**